

THE LAKESIDE WRITE-UP

Morgan's Point Resort, Texas

live. work. play. in mpr



Business Directory
Morgan's Point Resort, TX

Morgan's Point Resort Economic Development Corporation
Website: <https://mpr-edc.org>
Facebook Page: <https://www.facebook.com/MorgansPointResortEDC>



Table of Contents

1. MPR Business Spotlight
2. & 3. What is Environmental Psychology?
5. - 7. Vendor, Sponsor, Donation, Volunteer Opportunities

Just Country Beauty Salon
1708 Morgan's Point Road
Phone: 254.780.9311



**MPR BUSINESS
SPOTLIGHT**

What is Environmental Psychology?

Shared by: Anne-Laure Le Cunff - Ness Labs

It's incredible how quick a change in surroundings can calm the mind and ground your body. Have you heard about the field of research that investigates how our environment impacts our mood, performance, and well-being? This field is called 'environmental psychology', and you can apply its principles to better design your work environment.

Environmental Psychology

Look up from your screen for a second. Where are you right now? Do you feel comfortable, curious, calm, or a bit cramped? Notice how the environment around you affects your experience. Humans constantly change their environment, and in turn, the environment changes our behaviors. Environmental psychology focuses on the interplay between people and their surroundings: how our environment affects the way we think, feel, and act. While environmental psychology is used in many fields such as interior design, architecture, retail, education and more, it also offers practical insights that can be applied to everyday spaces. From organizing your desk to choosing the best places to work, these principles can help you create an environment that enhances your creativity, productivity, and overall well-being.

The Basics of Environmental Psychology

The Journal of Environmental Psychology defines this branch of psychology as the "scientific study of the transactions and interrelationships between people and their physical surroundings," which includes built and natural environments. In short, environmental psychology explores the relationship between humans and the external world. Originally, environmental psychology focused primarily on architectural design, examining how the built environment influences human behavior. Over time, the field expanded to include various aspects of human interaction with the environment, including personal space, our relationship with nature, and the psychological impacts of environmental conditions. At its core, environmental psychology is problem-oriented. Solutions are derived from studying physical settings and understanding the direct impact these environments have on people. For instance, incorporating windows, high ceilings, and controllable lighting can reduce feelings of crowding and enhance well-being.

Continued on page 3

What is Environmental Psychology?

Shared by: Anne-Laure Le Cunff - Ness Labs

Continued from page 2

One fascinating topic in environmental psychology is the study of human space, known as “proxemics”, which shows that having a form of personal territory in a public space makes us feel more in control of our environment. That’s why customizing your desk with personal items such as family photos can make you feel more comfortable in an office environment. But that’s not all – there are many other ways you can apply the principles of environmental psychology to design a personal space that works for you.

How to Design Your Environment with Intention

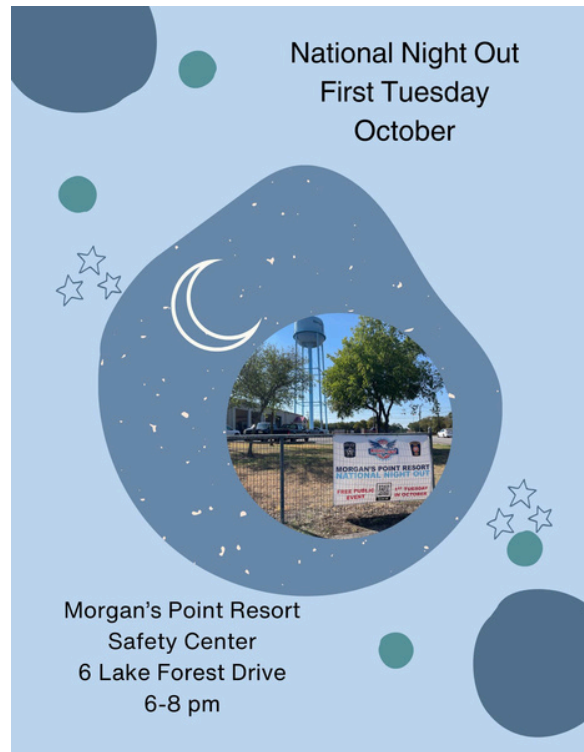
Creating a space that mindfully enhances your creativity and productivity involves more than just following a set of guidelines. It requires experimentation, as what works for one person may not work for another. For instance, while conventional wisdom would recommend keeping a tidy desk, studies suggest that a messy desk can boost creativity. “Disorderly environments seem to inspire breaking free of tradition, which can produce fresh insights,” the lead researcher said. “Orderly environments, in contrast, encourage convention and playing it safe.” The key is to try different setups and observe how they affect your mood and productivity.

- 1) Design your environment for creativity.
- 2) Design your environment for flexibility.
- 3) Design your environment for calm.
- 4) Design your environment for focus.
- 5) Design your environment for comfort. By applying these principles of environmental psychology, you can create a space that supports your productivity and your creativity while enhancing your overall well-being. Experiment with different setups to find what works best for you and remember that even small changes can make a significant impact on your daily life.

Calendar of Events- Fun times, Important Information, Vendor, Sponsorship, Donation & Volunteer Opportunities in MPR

- October 1- National Night Out
- October 5- Community Wide Yard Sale & Business Showcase
- October 12 & 13- Quarterly Clean Up
- October 15- MPR Community Forum
- October 18 & 19- Nipper BBQ Cookoff
- Oct 30- Harvest Festival
- Oct 31- Elder Explorers @ The Point (No socials in Nov & Dec)
- Nov 15 (set up) & 16 (event) Mary Ruth Briggs Library Art Show
- Nov 23- Ladies Auxiliary Pre-Thanksgiving Bake Sale
- Dec 6- Santa and Mrs Claus
- Dec 16-20 Christmas Lighting Convest

National Night Out
First Tuesday
October



Morgan's Point Resort
Safety Center
6 Lake Forest Drive
6-8 pm

MPR COMMUNITY-WIDE
YARD SALE

October 5th
Questions? Email us at
mprcwys@gmail.com

The website has the yard sale treasure map app where you can add your yard sale

Visit at Facebook or our Website
<https://www.facebook.com/mprcwys>
www.mprcwys.wixsite.com/sale



VISIT OUR WEBSITE!



8:00AM - 2:00PM

BUSINESS SHOWCASE
60 MORGAN'S POINT BLVD

Oct 12 & 13

We'll take all you got...except

BATTERIES, PAINT, TIRES, and NO CHEMICALS AT ALL

MPR QUARTERLY CLEAN UP @ THE "PIT"
NEXT TO THE SAFETY CENTER
6 LAKE FOREST DRIVE

**GATES OPEN
8 AM - 5 PM**




Morgan's Point Resort, Texas
Community Forum
 6-8 PM
 October 15, 2024



MIC & GARRETT HILL EVENT CENTER,
 60 MORGAN'S POINT BLVD.

MPR COPS PRESENTS
 4TH ANNUAL



Entry Fee Meats \$175
 Jackpot Beans \$20
 Appetizers \$20

**SENIOR TROOPER TOM NIPPER
 BBQ THROWDOWN &
 SCHOLARSHIP**

VENDORS

BRISKET • RIBS • CHICKEN • BEANS • APPETIZERS

OCTOBER 18 & 19, 2024
 Friday Hamburgers & Saturday BBQ plate for Sale
 JOHN ANSAY PARK (LAKE FOREST DR & S. WINECUP)
 MORGAN'S POINT RESORT, TEXAS 76513

\$5,000 GUARANTEE PAYOUT

QUESTIONS: LYNN MILAM 254-725-1969

Cooked to Order
 Single & Double

Burgers
 & Chips

October 18- Friday Evening
 Starting at 5:30 PM until sold out!
 John Ansay Park (Lake Forest Dr & S. Winecup)
 Morgan's Point Resort, Texas
 **Watch for the Golf Cart

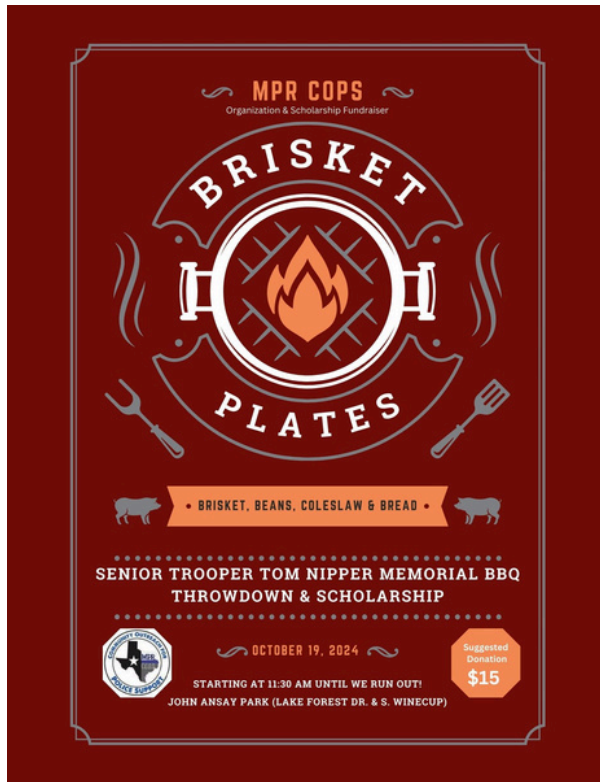


**\$10-\$12
 Suggested
 Donation**

Thank you!



Thanks for supporting this fundraiser benefiting the MPR COPS (A 501 (c) 3 nonprofit organization) & Scholarship Fund!



MPR COPS
Organization & Scholarship Fundraiser

BRISKET PLATES

• BRISKET, BEANS, COLESLAW & BREAD •

SENIOR TROOPER TOM NIPPER MEMORIAL BBQ THROWDOWN & SCHOLARSHIP

OCTOBER 19, 2024

STARTING AT 11:30 AM UNTIL WE RUN OUT!
JOHN ANSAY PARK (LAKE FOREST DR. & S. WINECUP)

Suggested Donation **\$15**

MPR C.O.P.S.
SENIOR TROOPER TOM NIPPER
BBQ THROWDOWN & SCHOLARSHIP

October 18-19, 2024

FUNDRAISER



QUESTIONS?

☎ 214-725-1969
✉ mprcops@gmail.com

Vendor Information

This is a fundraiser to benefit the Morgan's Point Resort Police Department (Texas)

MPR C.O.P.S is a 501 (c) 3 non-profit organization and all donations are tax deductible

" THE DETAILS "

- \$25.00 for a 10' x 10' space
- This is an outdoor event. Bring your own canopy, table and chairs.
- Vendor responsible for their own advertising. COPS will advertise on City website and the two marquee signs entering MPR.
- There is room for 25 vendors- "first come, first PAID" (\$40.00 NSF fee).
- Please remember this is a fund raiser- no sharing of booths.
- Checks payable to: MPR COPS



INCLUDE THE FOLLOWING WITH YOUR PAYMENT:

- YOUR NAME, PHONE, EMAIL
- NAME OF YOUR COMPANY
- DESCRIPTION OF THE ITEMS YOU WILL BE SELLING OR PROMOTING

Mail or drop off your reservation & payment (payable to MPR COPS) at the MPR Safety Center, 6 Lake Forest Dr. Morgan's Point Resort, TX 76513
Attn: MPR COPS- Lynn



SPONSORED BY
FELLOWSHIP BAPTIST CHURCH OF MORGAN'S POINT RESORT
MPR C.O.P.S. (COMMUNITY OUTREACH FOR POLICE SUPPORT)

HARVEST Festival

WEDNESDAY, 30 OCTOBER 2024
FUN GAMES - PRIZES - HOT DOGS & MORE
5:30 pm - 7:30 pm

Fellowship Baptist Church of MPR Parking Lot
2025 Morgan's Point Road
If it rains, the event will move inside the church.

ELDER EXPLORERS
@ THE POINT

2025 Morgan's Point Road



Nia- MPR's K9 Cop

AND
GameTime

- 9 AM- Morning Goodies & Sharing Stories About MPR
- 9:30 AM - 10:30 AM +/- Meet Nia, MPR's Canine Cop!
- 10:30 AM- Noon- Game time!

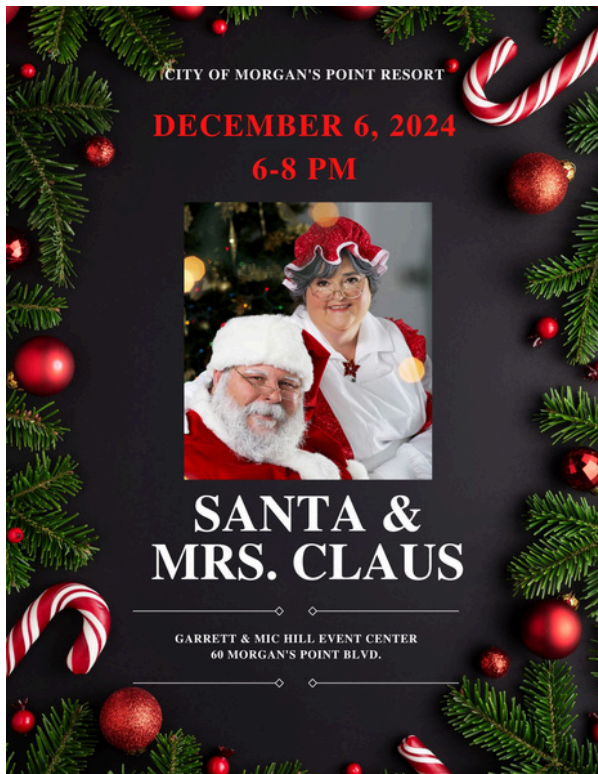
LIBRARY@MPRTX.US

Fellowship Baptist Church of MPR
2025 Morgan's Point Road

31
OCTOBER
9 AM- NOON

Learn, SOCIALIZE & Be Entertained!
Come and go as your time allows.
Programs are geared towards senior citizens, but ALL ages are welcome.
It's time to EXPLORE!

Save the Date



Save the Date

The Lakeside Write-up is a monthly update, provided free of charge, devoted to a variety of topics of interest to Morgan's Point Resort, Texas, businesses, entrepreneurs & residents. The views and analyses presented herein do not necessarily represent the policies or the endorsement of the Morgan's Point Resort Economic Development Corporation. Articles are intended only as a discussion and overview of the topics presented.